

Reading a doula listing

Each listing shows the doula type, price range, certifications, languages and whether they accept insurance. A complete listing has more information to compare.

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Every listing on Doulas shows basic facts about a doula, a doula collective or a community doula program. Here is what each part means.

Name and description

The name is the business or program name. The description says what they do and who they serve, in their own words or from their public website.

Type of doula

The type of doula field shows whether they offer birth, postpartum or end-of-life support. Many doulas offer more than one type. An end-of-life doula, also called a death doula, supports a dying person and their family.

Price range

Price from and price to show the range this doula or program publishes. Most listings show none. Bornbir reports that a birth doula package in the United States typically costs \$450 to \$1,800, with a median of \$1,100. Postpartum support is usually \$35 to \$55 per hour, with a median of \$45. Bornbir drew these figures from 11,583 package prices listed by 4,289 providers. Big-city prices can be higher. If no price is published, ask the doula on your call.

Training and certifications

DONA International, CAPPA and INELDA are examples of doula certifications. Some states also run their own doula certification or registry. The listing shows what the doula reports. Ask what a certification means to the doula, because standards differ by programme.

Languages spoken

Doulas who speak more than one language list them here. If you need care in a specific language, check this field before you call. A blank field means the business has not stated its languages.

Insurance and Medicaid

The Insurance or Medicaid accepted field says whether the doula can bill your health plan. If it is blank, the listing does not say, so ask the doula. In the United States, 26 states and Washington, DC reimburse doula services through Medicaid as of March 2026. Use the

Medicaid doula coverage checker to see whether your state is among them. Even in a state that covers doula care, the doula must be enrolled with that programme, and not all doulas are.

Virtual support

Some doulas offer support by video call. This helps if you live far from the doula or cannot meet in person.

Free or low-cost support

Some community doula programmes state that their support is free. Filter the site for listings marked free or low-cost. Check each provider page for who the programme serves.

Location

The city, region and country tell you where the doula works. Check the listing to see where the doula works and whether virtual support is offered.

Source note

A note that says where the information came from and when it was retrieved. The note is not shown on the public page, but it is how the site keeps its facts traceable.

Frequently asked questions

What if a listing has no price?

Price is optional. A listing shows a price only when the business publishes one. You can still contact them and ask.

What does verified mean?

A verified badge means the doula or program claimed the listing and we matched the claim to the business. Listings without a badge come from public sources and are not yet owner-reviewed.

How do I know if a doula accepts my insurance?

Look for the Insurance or Medicaid accepted field on the listing. If the field is blank, ask the doula directly.

Sources

[DONA International - What is a doula](https://www.dona.org/what-is-a-doula-2/) — <https://www.dona.org/what-is-a-doula-2/>

[International End of Life Doula Association \(INELDA\)](https://inelda.org/) — <https://inelda.org/>